

## C:001 TESTS: This guidance is for EVERYBODY (no exemptions)

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All individuals accessing Spurgeon's College, South Norwood site on a frequent basis should test themselves for Covid-19 twice weekly with lateral flow tests. All individuals who receive a positive LFT or PCR test must tell Spurgeon's College and follow government advice.

Lateral Flow Tests (LFT) should be taken at home, before accessing public transport, where possible. This reduces the spread of Covid-19 if a positive test result is recorded.

You still need to test yourself if you have received a Covid-19 vaccine.

### Getting self-test kits

You can get a free pack of 7 rapid lateral flow tests (LFT) by:

- ordering [here](#) them to be sent to your home from the government website
- collect them from pharmacies or test sites – [use this link](#)

### If your LFT test result is negative

Once you have completed a test, you should report your result to the NHS at [gov.uk/report-covid19-result](https://gov.uk/report-covid19-result).

### If your LFT test result is positive

If you did a lateral flow test and the result was positive:

- self-isolate straight away
- check [here](#) if people you live with need to self-isolate
- report [here](#) your rapid lateral flow test result on GOV.UK as soon as possible
- get a PCR test [here](#) (a test that is sent to a lab) to confirm your result
- [tell Spurgeon's College](#)
- Continue to self-isolate until you get the result of the PCR test
- Follow the advice you're given when you get the result

### If your PCR test result is positive

If you receive a positive PCR test result

- self-isolate straight away
- check [here](#) if people you live with need to self-isolate
- [Tell Spurgeon's College](#)

### If you have been in close contact of someone who tests positive for coronavirus?

- If you are fully vaccinated with a UK approved vaccine you do not need to self-isolate. You are advised take a PCR test to confirm you are negative for COVID.
- If you are NOT fully vaccinated with a UK approved vaccine you must self-isolate.

More information on self-isolation is available on the [government guidance for contacts](#).

## C002: FACE COVERINGS: This guidance is for EVERYBODY (there are exemptions)

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All individuals accessing Spurgeon's College, South Norwood buildings are expected to wear a face covering in communal and public areas unless they are exempt

"The government has removed the requirement to wear face coverings in law but expects and recommends that they are worn in enclosed and crowded spaces where people may come into contact with people they don't normally meet. This includes public transport."<sup>1</sup>

It is expected that everyone in the building will wear a face covering in communal areas, like corridors, toilets, student lounge, dining room, reception etc. This includes all staff, students and visitors unless you are alone in a room.

Face coverings are freely available in multiple pick up points around the building. If you cannot find a face covering please go to reception.

Wearing a face covering is now part of our daily routine, unless you are exempt, and we will need to work together to achieve this.

## C003: VENTILATION: This guidance is for EVERYBODY (no exemptions)

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Ventilation is part of the government's strategy to manage the spread of the Coronavirus. A risk assessment of the College's ventilation needs has been undertaken and the College needs to maximise the natural ventilation in communal spaces to minimise the spread of the Coronavirus therefore the following guidance must be followed.

Lecture rooms should increase the flow of natural ventilation this means:

Lecture room 1	unlock and open the door in the window onto the carpark.
Lecture room 2	open all top windows using the pole
Lecture room 3 (annex by chapel)	open the window overlooking the cloisters
Chapel	Open all top windows using the turning mechanism
Lecture room 6	lift up all sash windows.

All staff offices should have a window opened if a meeting is being held. The number of people who should be in an office at any one time is on the label on the door.

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<sup>1</sup> <https://www.gov.uk/government/publications/higher-education-reopening-buildings-and-campuses/higher-education-covid-19-operational-guidance> [12.09.2021]

## C004: PERSONAL HYGIENE: This guidance is for EVERYBODY (no exemptions)

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- Everyone is advised to clean their hands thoroughly and more frequently, by making use of the multiple hand sanitizer stations around the buildings.
- Everyone is encouraged to ensure good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach.

## C005: NHS COVID-19 APP: This guidance is for EVERYBODY

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We are asking all students, staff and visitors to use the NHS COVID-19 App to check-in on campus.

There are QR codes on posters around the building.

The App also has the option to be used for contact tracing. If you enable this, it will log other app users near to you. If any of those users test positive for Covid-19 you'll receive an alert with advice.