



# Charles Haddon Café



www.wellbeingbeingwell.co.uk featured ingredient:

W3

W/c	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MAIN COURSE</b> <b>£1.50</b>	Vegetable and Lamb mince casserole with Mustard and herb dumplings with New Potatoes	Creamy Chicken Korma finished with toasted Almonds and coconut rice	Macaroni Cheese with Sage and Mustard Crust	Roasted Chicken legs, served on Citrus Red Cabbage and thyme roasted potatoes	Duo of Cumberland Sausages Served with a rich red wine Onion Gravy on creamed potatoes
<b>Allergen Information</b> <b>Contains:</b>	<b>celery, fish, wheat</b>	<b>mustard, nuts</b>	<b>milk, wheat, mustard</b>	<b>wheat, celery</b>	<b>wheat, sulphites, celery</b>
<b>VEGETARIAN</b> <b>DISH</b> <b>£1.50</b>	Penne pasta, baby spinach, Saute mushrooms finished with basil and herb bread	Mushroom and pepper stir-fry with paprika with coconut rice	Jacket Potatoes with Baked Beans	Quorn & Kidney bean chilli served with a lime infused Yoghurt and roast potatoes	Stuffed Peppers with Potato Rosti
<b>Allergen Information</b> <b>Contains:</b>	<b>milk, wheat</b>	<b>soya</b>		<b>wheat, egg, milk, milk (cheese)</b>	
<b>TODAY'S</b> <b>VEGETABLES</b> <b>£0.50</b>	Sliced Carrots and peas	Mixed Salad	Peas and Grilled Tomato or Salad	Broccoli and glazed carrots	Baked Beans or peas
<b>Allergen Information</b> <b>Contains:</b>		<b>Mustard, sulphites (dressing)</b>		<b>Butter</b>	
www.wellbeingbeingwell.co.uk		Twitter - @chcafesurgeons		Facebook - Charles Haddon Café	

For those with special dietary requirements or allergies, who may wish to know about the food or drink ingredients used, please ask for a manager