



Charles Haddon Café



www.wellbeingbeingwell.co.uk featured ingredient:

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	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE £1.50	Roasted Chicken Leg with Pesto Crust served with Diced Herb Potatoes and gravy	Gammon with Mushroom and leek with pastry topping and sauté new potatoes	Roast Beef with Yorkshire pudding and gravy served with roast potatoes	Braised Beef Redang curry Served with Onion Rice	Beer battered fillet of fish, Wedge of lemon & Tartare Sauce and chips
Allergen Information Contains:	Milk	Celery, Cream, wheat	Wheat, egg, milk	Celery, nuts (peanut)	Sulphates, Wheat, fish, egg
VEGETARIAN DISH £1.50	Root Vegetable stew with Horseradish dumplings and Diced Herb Potatoes	Pasta and Mixed bean bake with Mature Cheddar crust	Asian Vegetable stir-fry with pak choi & Ginger and Basmati rice	Red Onion and Courgette Pizza with Garlic Bread	Spinach & Pepper Frittata with tomato salsa and chips
Allergen Information Contains:	Celery, Wheat	wheat, celery, milk (cheese)	soya	wheat, milk, cheese	eggs, cheese
TODAY'S VEGETABLES £0.50	Mixed vegetables	Green beans and carrots	Glazed carrot and Broccoli or side salad	Green beans or side salad	Baked beans
Allergen Information Contains:		Butter (Milk)			
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For those with special dietary requirements or allergies, who may wish to know about the food or drink ingredients used, please ask for a manager

Please note that all options may not be available as per menu