



Charles Haddon Café



www.wellbeingbeingwell.co.uk featured ingredient:

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	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE £1.50	Chargrilled Bacon Steak served with Tomato salsa and New Potatoes	Hungarian Beef goulash Finished with paprika & cream with Basmati Rice	Chicken Provencal with Olives and white wine with New Potatoes	Roasted loin of pork served with a apple sauce and Crackling and Rosemary roasted potatoes	Southern Fried Chicken with Cajon Wedges
Allergen Information Contains:	Celery, Milk	Celery, Cream, Barley	Sulphites	Celery	Wheat, eggs, milk
VEGETARIAN DISH £1.50	Macaroni Cheese with Grilled Tomato and New potatoes	Gnocchi with Mushrooms and Rosemary Ragu	Vegetable and sweet potato Pie with Gravy	Roasted Pepper & Aubergine Moussaka and rosemary roasted Potatoes	Red Thai Bean Curry with Basmati rice
Allergen Information Contains:	Milk, Wheat, Mustard	Wheat, Milk (Cheese)	Celery	Milk , Milk (cheese)	
TODAY'S VEGETABLES £0.50	Ratatouille or peas	Garlic Green beans	Sliced carrots and peas or side salad	Broccoli and baton carrots	Green salad and wholegrain mustard dressing
Allergen Information Contains:	Celery				Wheat , mustard

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For those with special dietary requirements or allergies, who may wish to know about the food or drink ingredients used, please ask for a manager